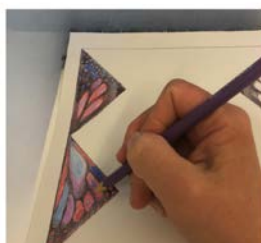


**1.**

Colorier  
Colorare  
Ausmalen



**2.**

Découper  
Tagliare  
Ausschneiden



**3.**

Plier  
Piegare  
Falten



Instructions de pliage :

[www.journee-a-pied.ch/#origami](http://www.journee-a-pied.ch/#origami)

Come piegare:

[www.giornata-a-piedi.ch/#origami](http://www.giornata-a-piedi.ch/#origami)

Faltanleitung:

[www.internationaler-tag-zu-fuss.ch/#origami](http://www.internationaler-tag-zu-fuss.ch/#origami)